HELEN SANDERS 2-22-2024 GODLY SORROW

Many times, people respond to their sin, and say they are "sorry" for what they have done. They then might even go to church and sing in the choir. But there are many problems in these people's lives because they never had godly sorrow over their sin. They were "sorry" but not sorrowful. Sorry is the world's way of trying to make things right, but never gets us right with God. Godly sorrow brings us to eternal life through repentance.

In 2 Corinthians 7:10 it says, *"For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death."*

Godly sorrow means you have grieved over your sin, because you realize when you sin, you have sinned against God. It causes an inner turmoil that causes you discomfort if you think of it. You realize that your sin has separated you from God, and that brings you to repentance. Godly sorrow is the first step to salvation. Then comes repentance.

True repentance acknowledges the fact that if you stood trial for your sin, that you would be judged for your sin and would be found guilty. You grieve over the fact that you have sinned. Then because of that sorrow and grief you come to salvation.

A person that has had godly sorrow over their sin and then repented, which means to turn away from their sin, will be a forever-changed life. They see things differently than they did because they realize the only way to change was with God's help. They come to the realization that God gave them the gift of their sins being paid by Jesus' shed blood. One that is in this condition no longer willfully sins. They are repelled at sin and grieve when they do sin.

Without godly sorrow over sin there is no true repentance and no salvation.